



## LUNCH

### SQUASH SOUP 8½

sorghum, buttermilk cream, microgreens  


### MUSHROOM BRUSCHETTA 12

truffle oil, parmesan, sourdough 

### CONFIT DUCK RISOTTO 15

roasted celery root, grana padano, chives 

### PENNE POMODORO 14

seasonal vegetables, house-made tomato sauce, grated parmesan 

### SEAFOOD FETTUCCINE 18

prawns, rock fish, mussels, olives, basil, tomato cream sauce

### HAIDA GWAI COHO SALMON 18

quinoa, brussel sprouts, swiss chard, carrots, lemon vinaigrette

### PULLED PORK SANDWICH 16

seasoned with house made bbq sauce, sriracha cole slaw, brioche bun, house cut fries

### PRAWN TARTINE ON SOURDOUGH 16½

crushed avocado, radishes, tomatoes, watercress, apple cider vinaigrette

### TENDERLOIN BEEF BAGUETTE 16½

sweet peppers, onions, parsley, house cut fries



### CAESAR SALAD 15

brioche croutons, crispy pancetta, grated parmesan, garlic dressing

– add chicken breast +6

– add prawn +2½ / P

### SEASONAL GREENS 13

heirloom cherry tomatoes, cucumber, shaved vegetables, parsnip chips, toasted pumpkin seeds, apple cider vinaigrette  

– add chicken breast +6

– add goat's cheese +4

– add prawn +2½

– add scallop +5½

### FORTITUDE BURGER 19

cooked *medium*, ground in-house, caramelized onion aioli, smoked bacon, aged cheddar, house cut fries

– add an egg +2

– caesar salad instead of fries +3

### ALBACORE TUNA 18

soba noodles, cucumber, gem tomatoes, radishes, fried shallots, soy ginger vinaigrette

### FLAT IRON STEAK 25

roasted potatoes, mushrooms, snap peas, cherry tomatoes, salsa verde

### TURKEY ON BRIOCHE 16

brioche toast, bread & butter pickles, cranberry jam, green bean salad


## FOR THE KIDS 12 YEARS & UNDER

### PENNE PASTA 9½

with alfredo, bolognese or tomato sauce 

## DESSERT

### FLOURLESS CHOCOLATE CAKE 8

cream chantilly, with something special 

### RICOTTA CHEESECAKE 7½

glazed blueberries, graham crumble

### APPLE AND PEAR CRUMBLE 7

with cranberries and cinnamon

– add ice cream +2½

### TIRAMISU 7



espresso-dipped lady fingers, mascarpone cream

LUNCH

# PRIX FIXE MENU

## STARTERS

### SQUASH SOUP

sorghum, buttermilk cream, microgreens  


— or —

### CAESAR SALAD

brioche croutons, crispy pancetta, parmesan, garlic dressing

## MAINS

### LAMB SAUSAGE

buttermilk mash, winter greens, onion gravy 


— or —

### SEAFOOD CHOWDER

carrot, celery, fennel, potato, smoked bacon, chives 

## DESSERT

### FLOURLESS CHOCOLATE CAKE

vanilla mascarpone cream, berry compote 

## COFFEE

— or —

## TEA